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# GASTRONOMIC DELIGHTS



Eat and drink your way around The Royal Borough of Windsor and Maidenhead, its full of exciting places to wine and dine. Enjoy gastronomic delights at Michelin star restaurants such as Heston Blumenthal's Fat Duck in Bray, or traditional food at pubs such as **The Duchess of Cambridge** in Windsor. An excellent mix of familiar and independent restaurants serving dishes from around the world, means that there is a restaurant for everyone to enjoy.

For those who are looking to delve deeper, book an experience to discover more. Sample English sparkling wines, locally-brewed beer, or your own chocolatey creations.

## FINE FOOD

Restaurants such as **The Windsor Grill**, famed for its beef, **Gilbeys Bar & Restaurant** with its modern British menu and **The Flaming Cow** with its authentic American food are just some of the many great restaurants that can be found in Windsor & Eton and can accommodate groups. **Bel & The Dragon** in **Cookham** and **Windsor** provide fine food in truly historic settings. Bel & The Dragon in Windsor has been serving food and drink since the 11th century. Of course, many of the hotels offer fine dining and traditional British Afternoon Tea.

Combine a visit to **Windsor Great Park** with lunch at **The Savill Garden Kitchen**.



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## ETON MESS

First mention of Eton Mess as an English dessert was in 1893, when it is thought that the strawberry, meringue and cream pudding was dropped and smashed at a cricket match between Eton and Harrow. It was scooped up off the floor and served in individual bowls. Sample it at **The Eton Mess**, Eton named after the famous dessert or at The Boatman, Windsor.

## Traditional Pubs and Inns

**The Boatman** is Windsor's only pub on the river and has been part of the waterfront scene since 1829. Groups can enjoy traditional British food with a modern twist. Or why not try **The Duchess of Cambridge** or **The Queen Charlotte** in central Windsor. Head to Maidenhead and visit **The Windsor Castle** or the **Boathouse at Boulters Lock**, Maidenhead, situated on its very own island it offers classic gastropub favourites to modern, healthy dishes and memorable Chef's Specials.



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01 Old Butcher's Wine Cellar, Cookham

02 Windsor Grill

03 Eton Mess

04 The Boatman



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## FOOD & DRINK EXPERIENCES

Who doesn't want to enjoy a pint of traditional British beer? **Windsor & Eton Brewery** offers tours and beer sampling for groups. Try one of their seasonal beers with a traditional British lunch dish such as Fish and Chips, Cottage pie or a bespoke two course option.



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Those with a sweet tooth should include a visit to **Dr Choc's Windsor Chocolate Factory**, where delicious chocolate can be enjoyed such as their range of chocolate barks. Or why not book one of the workshops and learn how to make chocolate and eat it afterwards!

Head to Cookham for a Wine Tasting session at the **Old Butcher's Wine Cellar**. The 'Old Butchers' name originated from the premises, a 17th century, Grade II listed building, the village butchers. The Wine Bistro's menu includes Mini Sausages and Scotch Eggs, as well as classic platters of artisan English cheese and charcuterie. Sample some English Sparkling Wines as part of a wine tasting. Max group size 25.

## TIME FOR TEA

Afternoon Tea is a traditional experience which should not be missed. It began in the 1840s as a mini meal for ladies in society, to stem the hunger and anticipation of an evening meal at 8pm. Queen Victoria's afternoon teas became a formal occasion on a larger scale, known as 'tea receptions'.

Take Afternoon Tea at **The Castle Hotel**, **The Macdonald Windsor** and **Sir Christopher Wren Hotel** all located in central Windsor. Excellent out of town alternatives are: **Coworth Park** Ascot, **Monkey Island Estate** Bray, **Fairmont Windsor Park** near Savill Garden, **Great Fosters** or **Runnymede on Thames Hotel** Egham and **Cliveden House Hotel** near Maidenhead.

Or you can enjoy an Afternoon Tea onboard **French Brothers** from Windsor and Runnymede and **Windsor & Maidenhead Boat Company** from Maidenhead.



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## ITINERARY SUGGESTION

**Day 1 Windsor:** Take a walking tour of Windsor and end the morning at **Windsor & Eton Brewery** for a tour and lunch. After lunch, visit the Castle or spend some free time at Windsor Royal Station before a Chocolate Workshop at **Dr Choc's Windsor Chocolate Factory**. Book an early dinner at **Bel & The Dragon** before taking in a show at the **Theatre Royal Windsor**.

Stay overnight in Windsor or Eton at **The Castle Hotel** or **Macdonald Compleat Angler**. For smaller groups take a look at **The Royal Adelaide** or **The Christopher**.

**Day 2 Cookham:** Head over to Cookham for a walk along the **Thames Path National Trail** and a visit to the **Stanley Spencer Gallery**. Born in Cookham, Spencer studied at the Slade, alongside such luminaries as Paul Nash.

Combine lunch with a Wine Tasting at the **Old Butcher's Wine Cellar**. After lunch enjoy a visit to nearby **Cliveden National Trust Gardens** and book a Platinum Jubilee Afternoon Tea at **Cliveden House** which includes Queen Elizabeth's favourite chocolate biscuit cake to celebrate Her Majesty The Queen's seventy years of service.

Looking for a Day Out of London? Why not step aboard the **Royal Windsor Steam Express** at London Victoria on Tuesdays during the summer to Windsor. Include a Champagne Brunch on board served in elegant carriages.

01 Windsor & Eton Brewery  
02 Dr Choc's Windsor Chocolate Factory

03 Traditional Fish and Chips  
04 Afternoon Tea at Sir Christopher Wren

